

SALEH AHMED A. ALGHAMDI

Assistant professor and consultant of psychiatry
Head of Clinical Neurosciences Department,
Imam Mohammad Ibn Saud Islamic University (IMSIU)

EDUCATION AND EXPERIENCE

- **Assistant Professor and consultant of psychiatry at Imam Muhammad ibn Saud Islamic University (IMSIU), and its medical centre, Riyadh, KSA, 2019 – Now:**
 - Head of The Clinical Neuroscience Department, college of medicine, IMSIU (Now)
 - The Establishing and leading of the Academic advising unit at the medical college, IMSIU, 2019-2022:
 - Preparing the policy and procedure for the unit.
 - Distributing the students to the Academic advisors
 - Conducting the education program for the students and the faculty members.
 - Consultation Liaison psychiatry consultant at Prince Sultan Humanitarian City 2021 – Now (part-time)
 - Psychiatry consultant at Dallah Hospital (part-time) Riyadh, Saudi Arabia, 2022- until now
 - Member of the Quality Committee, Clinical Neurosciences Department, IMSIU, 2021 – until now.
 - Member of the Research Committee, Clinical Neurosciences Department, IMSIU, 2021 – until now.
 - Psychiatry consultant at Saudi Germany Hospital (part-time) Riyadh, Saudi Arabia, 2021.



CONTACT

- ☎ 00966503778164
- ✉ Saalghamedi@imamu.edu.sa
- 📍 Alwaslah, Riyadh, 13321, Saudi Arabia

PERSONAL DATA

- Place of Birth: Albaha, Saudi Arabia
- DOB : 26th Nov 1980
- Marital status: Married
- Nationality : Saudi

LANGUAGE

- Arabic
- English

SKILLS

Excellent experience in computer especially windows, office (mainly word, power point) & internet.

- **Forensic Clinical Fellow at McMaster University, St. Joseph Healthcare Hamilton, ON, Canada (from 05/2015 Till 07/2016).**
- **Psychosomatic Clinical Fellow at Queen's University and KGH hospital in Kingston Ontario, Canada Till Sep 2017.**
- **Psychosomatic and Forensic psychiatry Consultant at PSMMC until Aug. 2019.**
 - The Head of Neuropsychiatry unit and Psychiatry OPD Committee at PSMMC for 2 years.
 - Participated actively in the combined clinic for the war victims patients since its beginning at PSMMC.
 - Was leading the Capacity Assessment combined clinic at PSMMC since its beginning until Aug. 2019.
 - Trainer and Examiner in Psychiatry Residency Training Program, Saudi Health Council of Medical Specialties, Riyadh, Saudi Arabia, 2017-2019.
- **Senior Registrar at Prince Sultan Military Medical City - PSMMC (8 /2014 to 05/2015)**
 - Covering OPD (2 clinics weekly)
 - On-call duties.
 - Covering Inpatient ward .
 - Participating In CME.
 - Involved in training and supervision of residents in the hospital.

- **Acting Senior Registrar In MOH At Al-Madinah Mental Health Hospital (1/2012 To 6 / 2014):**
 - Covering OPD (4 clinics weekly)
 - On-call duties
 - Participating In CME.
 - Involved in training and supervision of residents in the hospital.

- **Residency program years: (1/10/2008 - 30/9/2012)**

It is a joined residency program organized by Saudi commission for Health specialties and include rotations in many hospitals under supervision of the Saudi commission.

- **Resident in MOH (11/2005 - 9/2008) (service)**
 - Covering OPD (4 clinics weekly)
 - On-call duties.
 - Participating in CME
 - Assessment and treatment of ER cases and in-patient cases.
 - Participating in community psychiatry services.

- **Internship:**
 - From 1-8-2004 to 31-7-2005 in the Military hospital (southern area).

- **Bachelor of Medicine and Bachelor of Surgery (MBBS), 2005, King Khalid University, college of medicine, Abha, KSA.**

- **High school (1999), 97.7 %, Albaha, KSA**

Conferences and Courses

- Addiction and neuroscience, 2006
- Child psychiatry course, Riyadh, 2008
- Group Therapy Course, 2009.
- Course review of psychiatry, 2009, 2010
- Basics of Cognitive behavioural therapy workshop, 2010
- CBT for Addict Patients, 2010.
- Family and Marriage Therapy Foundation Course, basic, 2011
- Course of Forensic Psychiatry & The criminal Justice System, Riyadh, 2013.
- eHARM Training Certification, Hamilton, Canada, 2016.
- Clinical Hypnosis Introductory course, Toronto, Canada, 2016.
- 2nd Psychiatry Conference of Riyadh Military Hospital , Riyadh , Saudi Arabia, 2013
- International Women's Mental Health Conference, Alkhubar, Saudi Arabia, 26-27 Feb. 2014 AD .
- American Psychiatric Association (APA) 168th Annual Meeting: “Psychiatry: Integrating Body And Mind, Heart And Soul” 2015.

- Seminar about The Mindfulness Practice for Symptom Management & Building Resilience. McMaster Univ. 2015.
- “Sexual Behaviour Clinic Education Workshop”, CAMH, Toronto. 2015.
- “Communicating With Clients Using Mobile Technology & On-Line Counselling”, a one day course, London Ontario, 2016.
- “The Fundamentals Of Hypnosis”, Conducted by Canadian Society Of Clinical Hypnosis, Ontario Division. 2016

ACTIVITIES AND MEMBERSHIP

- Saudi Scientific Society for studies in medical jurisprudence, Deputy Chairman of the Board, 2019- now
- Member of "Waie" Committee for Public Health 2020
- Member of Saudi Psychiatric Association, 2013-2016
- Member of local committee of Saudi Psychiatry program 2012 (Riyadh)
- Member of organizing committee of Alumni of Club of Saudi Arabia & Alumni (PRECSA).
- Resident of the year, 2012.
- Chief resident, 2012
- Member of organizing committee in Psychiatric Residents Club of Saudi Arabia& Alumni (PRECSA) (2011-2012).
- Head of organizing committee in Psychiatric Residents Club of Saudi Arabia & Alumni (PRECSA) 2012.

SCIENTIFIC PUBLICATIONS AND ACTIVITIES:

- Certified Structured Clinical Interview for DSM-IV (SCID) Trainer
- Structured Clinical Interview for DSM-IV (SCID) supervisor of SCIDers, 2012
- Preparing & presenting workshop in (psychopathology & MSE art of understanding) 2011.
- Presented a lecture about using of psychotropics in medically ill patients. Advanced Medicine Conference at PSMCMC, 2019.
- Presented a lecture about PTSD in the Saudi Trauma Conference Feb,2019.
- Presented a workshop about assessing capacity in medically ill patient in the 14th International Psychiatry Conference, SGH Jeddah, 2019.
- Researches:
 - Telepsychiatry: knowledge, effectiveness, and willingness; assessments of psychiatrists in Saudi Arabia, Neurosciences Journal April 2022, 27 (2) 79-86. **Saleh A. Alghamdi**, Osamah M. Alshahrani, Abdulmajeed K. Alharbi, Omar A. Alghamdi, Reem A. Almohaini and Jouf Y. Alsayat
 - Knowledge about the National Centre for 5 Mental Health promotion hotline among the adult population in Saudi Arabia, IJMDC. 2022; 6(1): 96-101, Authors: **Saleh A. Alghamdi**, Osamah Mohammed Alshahrani, Abdullah Mazen Alhunaishel, Maha Hamoud Alrashid, Alanoud Waleed Alhnake, Reyouf Mazen Alhunaishel, Abdulmajeed Khalid Alharbi.
 - Knowledge and attitudes of physicians toward forensic psychiatry in Saudi Arabia, Saudi Medical Journal January 2022, 43 (1) 98-104. **Saleh A. Alghamdi**, Lujain S. Alfayez, Taif F. Alnojaidi and Mohammed A. Aljaffer

- Prevalence and associated factors of alexithymia among medical students: A cross-sectional study from Saudi Arabia, *Neurosciences Journal* Octobre 2022, 27 (4) 257-262. Mohammed A. Aljaffer, Ahmad H. Almadani, **Saleh A. Alghamdi**, Ibrahim M. Alabdulkarim, Mohammed A. Albabtain, Rayed M. Altameem, Abdulrahman A. Almugren, Abdulaziz F. Alomairy and Abdulaziz A. Alghofaily
- "Prevalence of pharmacological and non-pharmacological coping mechanisms for anxiety management during the COVID-19 pandemic: Investigating the transition to online learning among medical students" Firas K. Almarri¹, Ali M. Alaseem², Muteb S. Alanazi³, Salman I. Alyahya¹, Naif H. Alsanad¹, Khalid E. Alswayed¹, Jowaher S. Alanazi⁴, Tareq N. Alharby³, **Saleh A. Alghamdi**⁵
<https://bmcp psychiatry.biomedcentral.com/articles/10.1186/s12888-022-04372-6>
- **Not Published Papers:**
 - Awareness, Knowledge, and Attitude about Psychotropic Medications among Private and Governmental Sectors Pharmacists in Riyadh City, Saudi Arabia, Mohammed Aljaffer¹, Ahmad Al madani¹, Norah Almasaad², Nuha Alkudsi², Haya Alanazi², Bushra Alotaibi², Teif Almutiri², Lmaa Alahmadi², **Saleh A Alghamdi**² – not published yet
 - Prevalence of personality traits and disorders among KSU medical students. Obsessive-compulsive personality disorder: a survival mechanism or a prerequisite? Mohammed Al-Jaffer¹, **Saleh A. Alghamdi**², Sadeem D Alanazi², Norah A Albdaya², Amerah M Bin Zuair³, Njoud Alrasheed³, Raghad A AlAglan⁴ – not published yet.
 - The impact of low Self-Esteem on academic achievement and the behaviours related to it among medical students in Saudi Arabia” – not yet published.
 - “Impact of Personality Character on Choosing Medical Speciality among Medical Students” – not published yet.
 - "Prevalence and factors influencing eating disorders among post-bariatric surgery patients in Saudi Arabia” – not completed yet.

- **Prof. Gary Chiamowitz,**
Department of Psychiatry & Behavioural
Neurosciences, McMaster University, Hamilton, ON,
Canada
chaimow@mcmaster.ca
- **Dr. Youssef Alsherhri,**
Consultant Geriatric Psychiatry
Director of Psychiatry Department
Prince Sultan Military Medical City
Yalshehri@Psmmc.med.sa
- **Prof. Abdullah Al-subaie,**
Consultant and Professor of Psychiatry
Collage of Medicine and KKU Hospital
Former supervisor, Psychological Health Research and
Application chair (PRACH)
Consultant Psychiatrist and General Manager, Edrak
Medical Center, Riyadh (Present)
Prof.Subaie@gmail.com